

How to use hand sanitizer



Rub hands for at least 20 seconds.

1



Apply 1 to 2 pumps of product to palms of dry hands.

2



Rub hands together, palm to palm.

3



Rub in between and around fingers.

4



Rub back of each hand with palm of other hand.

5



Rub fingertips of each hand in opposite palm.

6



Rub each thumb clasped in opposite hand.

7



Rub hands until product is dry.
Do not use paper towels.

8



Once dry, your hands are clean.



**Northwestern
Health Unit**

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