

Germs:

(Agent)

- Bacteria
- Viruses
- Parasites
- Fungi

Where germs live:

(Reservoir)

- People
- Animals/pets (dogs, cats, reptiles)
- Wild animals
- Food
- Soil
- Water

Who is more likely to get sick:

(Susceptible Host)

- Babies and young children
- Older adults
- Those with weakened immune systems
- Unimmunized people
- Anyone

Germs get in through:

(Portal of Entry)

- Mouth
- Nose
- Eyes
- Cuts in the skin

Chain of Infection

Germs get out:

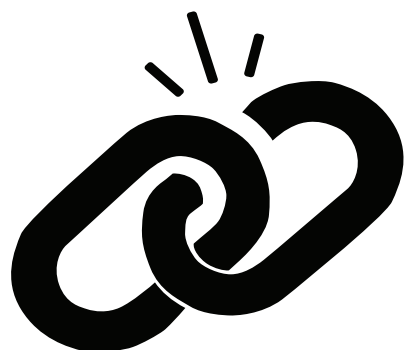
(Portal of Exit)

- Mouth (saliva, phlegm/spit, vomit)
- Nose (mucus/snot)
- Cuts in your skin (blood or pus)
- During toilet use or diaper changes (stool/poop)
- Other body fluids (not sweat or tears)

Germs move by:

(Mode of Transmission)

- Contact (hands - touching things)
- Droplets/air borne (sneezing, coughing, singing, talking)
- Sexual contact



Break a Link – Prevent Infection



Northwestern
Health Unit

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