

2023-2026 STRATEGY MAP



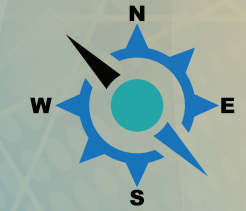
MISSION
Improve the quality and length of life in our communities: healthy lifestyles, longer lives, lived well.



VISION
We are recognized as a valued and integral partner in health.



VALUES
Respect
Integrity
Equity



GUIDING PRINCIPLES

Evidence-informed Practice

Focus for Impact

Listening to the Community

Partnership and Collaboration

Indigenous Relations and Reconciliation

Accessibility



Northwestern Health Unit

www.nwhu.on.ca

Strategies

POPULATION HEALTH

Improve population health outcomes, particularly for those who experience the greatest barriers to health.

PROGRAMS & SERVICES

Focus our collaborations and relationships with community partners to optimize impact and efficiency.

AGENCY DEVELOPMENT

Develop creative and innovative approaches to support staff and strengthen agency resiliency, responsiveness, and capacity.

Goals

Advance priorities on mental health promotion, wellness and addictions.

Contribute population health and equity lenses to the development of health systems in the region.

Continually strive to be an Employer of Choice within our region.

Position the agency for service excellence and adaptability.

What We'll Do

- Renew the NWHU Mental Health Promotion & Wellness Strategy with input from local stakeholders.
- Improve child and youth mental health and wellness.
- Support the development and implementation of comprehensive harm reduction programming.

- Partner with Indigenous public health systems/services.
- Leverage NWHU participation in the Ontario Health Teams to advance population health priorities.
- Become an information source for partners regarding population health information.
- Engage & educate the community on public health issues and the role of NWHU.

- Develop a Human Resources Strategy to support recruitment, retention and a healthy workplace.

- Increase staff competencies in cultural humility, anti-racism, trauma-informed practices.
- Strengthen internal communications.
- Embrace technology that supports effective, efficient, equitable and accessible programs.
- Integrate NWHU programs and increase cross-team collaboration to improve effectiveness and responsiveness to community needs.
- Explore strategies to include diverse voices to help inform Board of Health deliberations.