About the Program: The NFVP provides two servings of fruit and vegetables per week for 20 weeks (Jan–June) to elementary school children.

The program also provides schools with a refrigerator, funding for safe food handling training, kitchen supplies, and equipment.

2017-2018 Results

The NWHU coordinated the program for 43 provincial schools and 24 First Nations schools from April – June in 2018.

59 fridges were delivered – 35 to provincial schools, 24 to First Nations schools.

NWHU sent an online survey to schools in June of 2018. 38 people participated in survey.

We heard many positive responses including:

“great program” “the kids love it!”

Of coordinators who responded:
• 73% identified the need for kitchen supplies
• 70% wanted posters and other visuals for the classroom
• More than half requested healthy eating resources for parents, school wide activity ideas and challenges
• Almost half wanted lesson plans for classrooms to go along with the menu

Favourite items included: carrot sticks, whole bananas, whole apples, mini cucumbers, whole navel oranges and clementines

Suggestions to prevent spoilage include:
• Provide whole fruit and vegetables instead of pre-cut.
• Make deliveries early in the week.
• Plan ahead for how to use the large quantities