

Updated: Thursday March 29, 2018

## Listeriosis outbreak related to consumption of deli meats at a Toronto food premise

This is an update to the notice from Friday March 23, 2018 regarding this *Listeria* outbreak.

### Current Situation

There remains three confirmed listeriosis cases linked to this outbreak (designated confirmed based on the whole genome sequencing pattern). All three cases ate at the Druxy's location in the Princess Margaret Cancer Centre. An additional case of listeriosis who also ate at the same Druxy's location has been reported. Whole genome sequencing is pending on this case.

### Food Testing

Five open samples of deli meats from the Druxy's location at the Princess Margaret Cancer Centre have tested positive for *Listeria monocytogenes* that match the outbreak cases by whole genome sequencing. Closed samples of the same lot of roast beef as one of the positive open samples have also tested positive for *Listeria*. As a result of this finding, on March 27, 2018, CFIA issued a [food recall warning](#) for this roast beef product (Druxy's Fresh Deli Revolution brand Seasoned Cooked Roast Beef - best before 2018AL09). The recalled product was or may have been distributed to all Druxy's locations in Ontario, as well as a number of other restaurants which are listed in the [food recall warning](#). The food safety investigation is ongoing.

### Action Related to Recalled Product

Public health units with Druxy's locations and/or restaurants that are known to have received recalled product have been notified by the Ministry of Health and Long-Term Care. They are being advised regarding inspection of these premises due to concerns that recalled product may have contaminated the environment. Particular attention to the dismantling, cleaning and sanitizing of the slicers has been recommended, along with assessing other food safety practices.

### Implications for Health Care Providers

Deli meats are a known risk for listeriosis. In light of this outbreak, a history of consuming food from any Druxy's location, or any of the restaurants listed in the [food recall warning](#) strengthens the possibility of listeriosis in those with compatible signs and symptoms.

## Listeria testing information:

- Prompt diagnosis using two sets of blood cultures is recommended for those with exposure to potentially implicated foods (e.g., food from any Druxy's location, or any of the restaurants listed in the [food recall warning](#)) who present with symptoms of invasive listeriosis infection or gastroenteritis and fever.
- Testing of asymptomatic individuals who consumed potentially implicated food is not recommended. These individuals should be advised to promptly return for care if symptoms develop within 70 days of their last exposure. Testing of those who had symptoms that have now fully resolved is also not recommended, although they should be advised to return for care if symptoms develop within 70 days of their last exposure.
- Stool testing and serology for *Listeria* is not recommended, although individuals with gastroenteritis can have stool testing for other pathogens as per routine practice.

More detailed information regarding *Listeria* testing is available in the [Public Health Ontario Labstract](#).

**Please contact your local [public health unit](#) if you suspect that a patient may have listeriosis.**



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