



Northwestern
Health Unit

www.nwhu.on.ca

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Listeriosis Alert

Implications for health care providers: Deli meats are a known risk for listeriosis. In light of this outbreak, a history of consuming food from any Druxy's location, or any of the restaurants listed in the [food recall warning](#) strengthens the possibility of listeriosis in those with compatible signs and symptoms.

Listeria outbreak in Toronto area, associated food recall warning:

Listeria testing information:

- Prompt diagnosis using two sets of blood cultures is recommended for those with exposure to potentially implicated foods (e.g., food from any Druxy's location, or any of the restaurants listed in the [food recall warning](#)) who present with symptoms of invasive listeriosis infection or gastroenteritis and fever.
- Testing of asymptomatic individuals who consumed potentially implicated food is not recommended. These individuals should be advised to promptly return for care if symptoms develop within 70 days of their last exposure. Testing of those who had symptoms that have now fully resolved is also not recommended, although they should be advised to return for care if symptoms develop within 70 days of their last exposure.
- Stool testing and serology for Listeria is not recommended, although individuals with gastroenteritis can have stool testing for other pathogens as per routine practice.

More detailed information regarding Listeria testing is available in the [Public Health Ontario Labstract](#).



