



**Northwestern  
Health Unit**

www.nwhu.on.ca

**September 29, 2018**

### **Health Alert: Reports of Overdose in Kenora**

The Northwestern Health Unit is advising partners that there have been reports of 2 overdoses in Kenora on the night of September 28, 2018. It is believed powdered fentanyl was involved. Please inform appropriate clients or patients about the risks associated with the use of opioids and how to reduce the likelihood of overdose.

#### **Opioid Overdose Prevention Key Messages:**

- Use one drug at a time, or use less of each drug if you are mixing.
- Use less drug when your tolerance is low, like when not using for a few days.
- Try a small amount of drug first if you are getting it from anywhere other than a pharmacy, in case it is not what you were expecting.
- Use with a friend (do NOT share any equipment), leave your door unlocked or call someone before to let them know you are about to use.
- Get a Naloxone kit, which can reverse an opioid overdose.

Naloxone is available for people who use drugs as well as their friends and family. Contact the NWHU for more information on how you can get a Naloxone kit.

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