



**Northwestern
Health Unit**

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Health Care Provider Alert – First Case of Influenza

Dear colleague:

The first case of influenza has been confirmed for our region. It is a case of influenza B in a senior in Kenora.

Actions:

- Consider use of antiviral treatment for flu-like symptoms in patients with high risk of influenza complications.
- In the event of an institutional outbreak with typical flu symptoms, the early use of antivirals as a control measure usually will stop the outbreak quickly.
- Continue to promote flu shots, especially for those at high risk of complications, but also for any person who wishes to reduce her or his risk of influenza.

For more information, please contact:

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