

# 'PRESCHOOL TALK'

## "Your Four Year Old"

### Between the ages of 4 and 5, most children:

- Follow directions with three steps: "Get your crayons, draw a picture and give it to mommy."
- Say most sounds correctly—sounds they may have trouble with at this age are 'r', 'l', 's', 'th', 'ch', 'sh'
- Answer more difficult questions like "What should you do if you hurt yourself?"
- Are able to describe objects and events
- Know several colours



- Use complete and complex sentences
- Use the past-tense ending 'ed' correctly (they may still say 'goed' for 'went' or 'eated' for 'ate')
- Can listen to and are interested in stories for longer periods of time
- Begin to use contractions like "can't", "don't" and "won't"
- Uses "is" + 'verb' + 'ing' correctly—for example will say "He is going to the store" rather than "He go to the store"
- Know and can point to all major body parts

If you are concerned about your child's  
speech, language or hearing,  
contact **NORTH WORDS**  
using our toll-free number **1-877-553-7122**.



# THINGS TO DO WITH YOUR PRESCHOOLER!!!!

## DESCRIBE IT!

Show your child an object and have him think of all the words or phrases he knows that describe the object. When he gets stuck, help him with some leading questions like "Tell me about its size" or "Tell me about its colour".

You can also hide the object in a bag and give your child some descriptive clues and let them guess what the object is.

## Tips for "Preschool Talk" :

- Play "I spy" to help your child learn to recognize colours and describe things
- Help your child to learn "same" and "different". Play a game while riding in the car — "What's the same about a dog & a cow?"
- Have them repeat taps or claps. Say "Can you do this..." tap the table twice with your hand..tap four times etc. This helps develop rhythm and is important when learning to read.
- Read books with your child and have them read books to you

Here's a fun song to sing that kids love and is a great way to teach rhymes:



My mother gave me a nickel  
So I could buy a pickle  
I didn't buy a pickle  
I bought bubble gum

*(make a big bubble in front of your mouth with your hands—clap hands at pop)*

Baloo Baloo Baloo POP!!!  
Baloo Baloo Baloo POP!!!  
Baloo Baloo Baloo POP!!!  
I bought bubblegum

My mother gave me a dime  
So I could buy a lime  
I didn't buy a lime  
I bought bubble gum

Baloo Baloo Baloo POP!!!  
Baloo Baloo Baloo POP!!!  
Baloo Baloo Baloo POP!!!  
I bought bubblegum



*Make up new verses with quarters, pennies or loonies!*

## ALL ABOUT ME!!

Have your child look into a full length mirror and then draw a picture of himself on paper using crayons, markers, or paint. Have them put on as many details as they can. After the picture is finished point to different body parts and ask him about their function—for example, point to the eyes and ask him "What are these for?" You could also ask him to identify body parts by function—for example "What do you hear with?"