

# Healthy Babies, Healthy Children Milk Coupons

To help pregnant women meet their nutritional needs during pregnancy, the Northwestern Health Unit Healthy Babies, Healthy Children program is offering free milk coupons to pregnant women who qualify. The coupons may be redeemed at local grocery stores for milk. 5 litres per week is the limit of milk per person. To receive the coupons, pregnant mothers may meet with a public health nurse at their local Northwestern Health Unit office. For more information on milk coupons and other services the Healthy Babies, Healthy Children program has to offer, contact your local Northwestern Health Unit, or call the Healthy Babies, Healthy Children toll free number at 1-800-465-4377