



D.A.R.E.

PURPOSE:

Drug Abuse Resistance Education is a collaborative effort by DARE certified law enforcement officers, educators, students, parents and community to offer an educational program in the classroom to prevent or reduce drug abuse and violence among children and youth. The emphasis is to help students recognize and resist the many and subtle pressures that influence them to experiment with alcohol, tobacco, marijuana, inhalants, or other drugs that lead to violence.

The DARE program offers preventive strategies to enhance those protective factors. Researchers have identified certain protective and social bonding factors in the family, school, and community which may foster resiliency in young people, in other words, the capacity of young people for healthy independent growth in spite of adverse conditions. An important element of DARE is the use of student leaders who do not use drugs as positive role models in influencing younger students.

ORGANIZATION:

The program is organized into 45 to 60 minute lessons to be taught by a law enforcement officer with suggested extended activities to be integrated into other instruction by the classroom teacher. A specially trained officer is assigned to the school one day a week for one semester to conduct weekly lessons in grades 5 or 6.

CONTACTS:

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[E-mail NWHU with your questions](#)

Website:

<http://www.dare.com>

