



**Northwestern  
Health Unit**

# **Prenatal Classes**

## **Sioux Lookout**

**Next Session:**

**Saturday January 30 (9:30 a.m. to 12:30),  
Thursday February 4 (6:30-8:30 p.m.) and  
Saturday Feb 13, 2010 (9:30 a.m. to 12:30)  
at Meno-Ya-Win Health Centre.  
Please call to register and receive  
a resource package.**

**Contact:**

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Northwestern Health Unit**

**807-737-2292, ext 34**

**The following classes will be in April or May 2010.**