

Parenting Classes

UNITED NATIVE FRIENDSHIP CENTRE (UNFC)

616 Mowat Ave., P.O. Box 752,

Fort Frances, ON P9A 3N1

(807) 274-3762 Toll Free: 1-877-496-9034

(807) 274-4067 FAX Website: www.unfc.org

Wheelchair Accessible

Aboriginal Prenatal Nutrition Program– One on One Prenatal, Arts & Crafts, Our Family Time and Community Kitchen

The Aboriginal Prenatal Nutrition Program's here to offer educational, cultural, preventative, and supportive services to expectant parents and infants to six months of age.

Aboriginal Healthy Babies/ Healthy Children Program

The purpose of this program is to provide home visiting services for Aboriginal Families living off-reserve with children ages 0-6 years of age and youth. Home visiting includes all aspects of physical, social, emotional, intellectual, and spiritual well being of the family and its dynamics.

Also offer milk coupons for expectant and breastfeeding mothers, referrals, community workshops, one to one support and advocacy, distribution site for Nippissing tool.

Li'l Eagles Program

The program offers cultural, social, recreational, and educational activities. The children are encouraged to participate in activities that assist them in healthier life styles, and positive choices.

Aboriginal Family Support Program

Services Parents Time Out, Family Time and Craft Circle, Little Turtles, Mom & Babe, and Community Kitchen. The Aboriginal Family Support program offers educational cultural, preventative and supportive service to parents and children aged 0-6.

SUNSET COUNTRY METIS (METIS NATION OF ONTARIO)

426 Victoria Avenue, Fort Frances, ON P9A 2C3

(807) 274-1386

(807) 274-1801 FAX

Wheelchair Accessible

Aboriginal Healthy Babies & Healthy Children

Offers: 123 Magic, Learning Begins, Roots of Empathy

FAMILY & CHILDREN'S SERVICES OF THE DISTRICT OF RAINY RIVER (FACS)

P.O. Box 751, 240 First Street East, Fort Frances, ON P9A 3N1

(807) 274-7787 Toll Free: 1-800-465-7764

Fax: (807) 274-6646

Wheelchair Accessible

Services also available in Rainy River:

P.O. Box 476, 113 Fourth Street

Rainy River, ON

(807) 852-3387

Fax: (807) 852-1064

Child Development Program

Early intervention programs, development screening and assessment, life skills programming, parenting instructional and advocacy. Eligibility: Children from birth to five years of age, inclusive, who have been diagnosed with a physical, developmental or sensory delay or who may be at risk for a delay.

Offers: Nobody's Perfect, 123 Magic, You Make the Difference, Love and Logic, 2,3,4 Parents, Make the Connection 0-1

Children's Mental Health Program

Children's Mental Health Services assist children, adolescents and their families who may be experiencing emotional, social, and/or psychological problems in their school, family, and/or community life. Services are provided free of charge, for a wide range of difficulties from mild adjustment reactions to severe psychiatric problems in children ranging in age from birth up to 18 years.

FORT FRANCES BEST START HUB

1150 Portage Avenue N.,

Fort Frances, ON P9A 2B1

(807) 274-8588

(807) 5867 FAX website: www.ontarioearlyyears.ca

Wheelchair Accessible

Playgroups, Parent Education & Training, Infant Massage Classes, Drop-In Play Program, Toy Lending, Parent Resource Materials

Offers: Kids have stress too, How to talk so kids will listen, Make the Connection 0-1, 123 Magic, Nobody's Perfect, Winning at Parenting, Sibling Rivalry, Infant Massage, ESSO Family Math, Roots of Empathy