


Community Parenting Inventory

The following parenting Courses will be offered on a minimum enrollment basis.
Please feel free to call the contact person listed for more information

2009

<p>Systematic Training for Effective Parenting – STEP-offered based on minimum enrollment</p> <ul style="list-style-type: none"> • Early STEP – for parents of children 0-5 years • Active STEP-(blended families) for parents of children 7-12 years <p>Raising Children in Troubled Times</p> <ul style="list-style-type: none"> • For Parents of children 8-18 yrs. <p>Active Parenting Now/ Parenting for Life – for parents of children 7-12</p> <p>Meltdowns: for parents of children 2-5 yrs.</p> <p>Contact: Patricia Centre for Children and Youth 223-8550</p>	<p>How To Talk So Kids Will Listen & Listen So Kids Will Talk</p> <ul style="list-style-type: none"> • 6- week course • Helps parents build a better relationship with children of all ages • Child care available <p>Contact: Best Start Hub: - Dryden – Barb 223-7145 - Vermilion Bay – Terri or Violet 227-5437</p>
<p>Siblings Without Rivalry</p> <ul style="list-style-type: none"> • a six week course • helps parents help their children learn to live together • sensitizes parents as to what increases hostility <p>Contact: Best Start Hub - Dryden - Barb 223-7145 - Vermilion Bay – Terri or Violet 227-5437</p>	<p>Nobody’s Perfect Parenting Course</p> <ul style="list-style-type: none"> • 5-week course for parents of children 0 –6 years old • main topics – safety, childhood illnesses discipline, self-esteem, coping, parents stress <p>***Child Care Provided***</p> <p>Contact: Dryden 223-5724 Ignace 934-6696 Vermilion Bay 227-5437 Wabigoon 938-0051</p> 
<p>PEPS –Program for Early Parent Support Parents share information, stories and successes. Activities for children.</p> <p>Contact: Best Start Hub - Dryden: Barb 223-7145 -Vermilion Bay –Violet 227-5437 - Ignace: Joanne 934-6696</p>	<p>Parent Instruction for Infant CPR</p> <p>For information contact the Best Start Hub: - Dryden: Barb 223-7145 - Ignace: Joanne 934-6696 - Vermilion Bay: Terri/Violet 227-5437</p>
<p>Prenatal Classes :Northwestern Health Unit Dryden 223-3301 Ignace 934-2236</p>	<p>Dryden Public Library: 223-1475 Family Program-story hour, crafts etc.</p>
<p>Kids Have Stress Too A workshop for parents</p> <p>Contact : Best Start Hub - Dryden – Barb 223-7145 - Ignace – Joanne 934-6696</p>	<p>Parent Respite Best Start Hub: - Vermilion Bay - Child Care Fridays 9am-1pm Contact: Terri or Violet 227-5437 - Ignace – Child Care Thursdays 1pm-4:30pm Contact: Joanne 934-6696</p>

www.ontarioearlyyears.ca or 1 866 324-4530
Telehealth Ontario 1-866-797-0000

Vermilion Bay

Dryden

Ignace

PARENT RESOURCE INFORMATION 2009

<p>Toy Lending/Play Group/Drop-in/Resources Best Start Hub: – free services Contact: - Dryden: Barb 223-7145 - Ignace: Joanne 934-6696 - Vermilion Bay: Terri or Violet 227-5437</p>	<p>Dryden Recreation Complex Exercise for Parents / Pool, weight room, machines Preschool Parent & Tots Swim or Skating Contact: Dryden Rec. Complex 223-1425</p>
<p>Handwriting Without Tears Vermilion Bay HUB 227-5437</p>	<p>Make The Connection (Birth to One Program): An interactive parenting program to promote security, attachment, communication etc. in infants. Parent/Baby activities, discussion, video learning. Contact : Best Start Hub: Dryden: Barb 223-7145</p>
<p>Brighter Futures – CAP/C Wabigoon Support drop-in for parents of children 0 – 6 years old, Parent programs, home visits, toy lending, resource sharing, Mother Goose, play group etc Wesawkwete Zone One. Contact: Arlene Williams 938-0051</p>	<p>Breastfeeding Support Monthly meetings, education and support as needed. Contact: Dryden: Suzanne Peters PHN 223-3301</p>
<p>“It’s Mom’s Call” Breastfeeding Peer Mentor Program Contact: Dryden: Kathy or Suzanne, 223-3301 Ignace: Twyla, 934-2236</p>	<p>Perinatal Loss Support Group for Miscarriage/Stillbirth Contact: Kathy Bryck, NWHU 223-3301 Postpartum Depression Support Group Contact: Kathy Bryck, NWHU 223-3301</p>
<p>AHBHC-Ontario Women’s Native Association. Home visits, prenatal support, milk to prenatal moms and children, parenting courses: Active Parenting, Growing Together, Nobody’s Perfect Contact: Brenda Chartrand, Family Home Visitor 223-8730</p>	<p>Dryden Aboriginal Health Support Services Contact: Health Outreach Worker –Janis Wessel 5-155 Duke St Dryden 223-6164</p>
<p>Parent-Child Mother Goose Program</p> <ul style="list-style-type: none"> • For children 3 months – 2 years • A program for encouraging language development • The teaching is directed at the parents, focusing on the pleasure and power of using rhymes, songs and stories together with the children joining in. <p>Contact: Best Start Hub: - Dryden 223-7145 - Ignace 934-6696 - Vermilion Bay 227-5437</p>	<p>Family ESSO Math Program Children 3 years of age & parent Parents assist child explore math through fun activities such as games, books, and music. Contact: Best Start Hub - Dryden 223-7145 - Ignace 934-6696 - Vermilion Bay 227-5437</p>