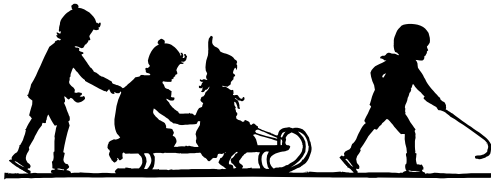


This HOLIDAY SEASON...

Give the gift of **FOOD SAFETY**.

Food plays an important role in most holiday celebrations. While most of us assume our food is safe to eat, we must not take food safety for granted as thousands of people in Ontario suffer from foodborne illness each year. Now is the perfect time to raise awareness of the importance of food safety during the Holiday Season and all year round.

IDEAS FOR THE CLASSROOM



ACCESS THESE PRINTABLE FOOD SAFETY RESOURCES ON THE NORTHWESTERN HEALTH UNIT'S WEBSITE.

1. LOG ON: www.nwhu.on.ca
2. HIGHLIGHT: Programs / Environmental Health / Food Safety (Scroll to the bottom of the page.)
3. SELECT THESE DOCUMENTS:
 - Food Safety Tips for the Holidays
 - Understanding Foodborne Illness
 - How to Avoid Temperature and Time Abuse
 - Cleaning and Sanitizing
 - Barbecue Food Safety Tips
 - Picnic Food Safety Tips
 - Pack a Safe Food Lunch
 - Guidelines for School Bakesales
 - Handle Food Safely: Clean, Separate, Cook, Chill
 - Food Safety in the Great Outdoors
 - Ontario's Food Premise Regulation 562
 - The Danger Zone (poster)
 - Handwashing (poster)



INCORPORATE FOOD SAFETY INFORMATION INTO CLASSROOM ACTIVITIES.

Here are some ideas for Grades 5-12.

1. **TEACHER PRESENTATIONS**
Use on-line food safety resources for presentation notes and student reference materials.
2. **GROUP PRESENTATIONS**
Divide students into working groups. Assign one or more food safety pamphlet to each group. Have each student group make a group presentation based on the food safety information in their assigned pamphlet(s). Encourage them to supplement the presentation with posters, bulletin board displays, and food preparation demonstrations.
3. **FAMILY RECIPES**
Ask students to bring their favorite holiday recipe from home. Using the printable food safety resources as reference documents, ask students to rewrite the recipe inserting food safety tips at key points in the recipe preparation process.



PRINT OFF COPIES OF "[Food Safety Tips For The Holidays](#)" TO SEND HOME WITH STUDENTS.

For more information about food safety or food handler training in your area, contact a Public Health Inspector at the Northwestern Health Unit
OR call (807) 468-3147
or 1-800-830-5978 ext. 259.



**Northwestern
Health Unit**

www.nwhu.on.ca